

**We are up for the  
challenge.**

**Are you?**

**Developing a local plan  
for health in Lewisham**

**Tell us your views!**



# WE ARE UP FOR THE CHALLENGE. ARE YOU?

NHS Lewisham Clinical Commissioning Group (CCG) is the organisation responsible for planning, buying and monitoring health care in Lewisham. We are led by local GPs who have a good understanding of the health needs of their patients.

The CCG is developing a strategy which sets out our plans for improving health in Lewisham and making sure that you get the best possible care from high quality, safe and affordable services.

However, there are some challenges we have to overcome to be able to deliver our plans to provide better health, best care and best value for all our residents. People are living longer with more complicated health conditions and demand for healthcare is rising but the money is not.

We would like your views on how we can do things differently to meet these challenges and deliver our plans. To help you answer our questions we would like to give you some of the background.

## Our vision

The CCG has developed a vision for improving health in Lewisham. Our vision puts Lewisham patients at the heart of all that we do and our focus on improving your health, making sure you get the best care possible and getting the best value we can for the money we have been given to spend on health services.

### Our vision and values



Our strategy sets out ideas for doing things differently because we believe that to make sure we can deliver this vision and ensure that your health services provide best care, better health and best value we need to think and work differently together.

We have to do things differently to make sure we can meet the needs of a growing and ageing population and make sure that:

- Everyone has the same chance to live healthier and happier lives.
- We have high quality and safe care available to everyone.
- We spend every pound wisely to cope with the financial pressures the NHS faces.

This is not just happening in Lewisham, it is also happening across the country. The Government has called this their 'CALL TO ACTION' and is asking the public to share their views and ideas on the future of the NHS. The more people who do, the better the service will become.

## Our challenges



Although things are getting better we still have higher rates than the national average of death from cancer, circulatory disease and respiratory disease. Many people live alone, on low incomes and in poor housing. There are high rates of mental illness and more people are living with one or more long term condition.



Our residents have told us we need to get the basics right, make services more joined up to make it easier to get all the care you need and make sure they are more involved in their care.

There is praise for local services but we will need to do things differently to make local services affordable.



Demand for services is increasing and people are living longer. We need to make difficult decisions about the way we spend more and do things differently to make sure there is enough money to meet healthcare needs now and in the future.

We believe that there are three areas we need to work on together in Lewisham to help meet these challenges:

1. Getting the basics right every time
2. Supporting you to stay well
3. Health and social care services working together as one

## **We would like your views on these three areas**



### **Getting the basics right every time**

Big ideas do not mean anything if we are not getting the basics right. We want to hear from you to make sure you are treated well, given clear advice and feel involved in your care. Our basics are:

- Patients should receive the best care. Services must be high quality, safe and based on evidence of best practice.
- Focus on prevention and early detection of ill health.
- Information about health services needs to be clear and easily available.

Are we getting the basics right at the moment?

Do we need to include anything else?



### **Supporting you to stay well**

We believe the NHS is a health service, not just an 'illness' service, and to make this work we need to do things differently so we better support you to stay well and care for your loved ones. We can all make a significant contribution to our own, and our families, good health and wellbeing, and we need to take personal responsibility for it.

- Patients and carers to work together with those who provide care to help them stay well.
- Get support from friends, family or the local community to stay well.
- We want people to feel able and supported to make healthier lifestyle choices
- and to look after their care

How can we support you to stay well?

What makes it difficult to stay well and what can we do differently?



## Health and social care services working together as one

Together with partners in Lewisham we want to make sure health and social care services work together as one so that:

- You get the very best possible care that you need.
- Your health needs are considered altogether when planning your care rather than treating each separate illness.
- Those who are frail or have lots of health needs get a named worker who makes sure there is a care plan and that they get the care they need.

How can health and social care services work better together?

What do we need to do differently so that people receive joined up care?

You can find out more by reading our Strategy plan and summary which is available at [www.lewishamccg.nhs.uk](http://www.lewishamccg.nhs.uk) or you can call 020 3049 3200 for a copy.

You can give us your views and get involved in the following ways:

- ▲ Complete our online survey at [www.surveymonkey.com/s/lewishamchallenge](http://www.surveymonkey.com/s/lewishamchallenge)
- ▲ Go to a patient group meeting at your GP practice.
- ▲ Contact Healthwatch, the local organisation that works on behalf of patients,  
Email: [info@healthwatchlewisham.co.uk](mailto:info@healthwatchlewisham.co.uk) Telephone: 020 3417 4727
- ▲ Email us at [lewccg.enquiry@nhs.net](mailto:lewccg.enquiry@nhs.net)
- ▲ Write to us at NHS Lewisham CCG, Cantilever House, Eltham Road, London,  
SE12 8RN
- ▲ Follow us on twitter at @nhslewishamccg